

# MASTER MEDICATION MANAGEMENT CHART

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## Instructions

- Use this Master Medication Chart to help manage your list of prescriptions, supplements, and vitamins according to dosage and medication schedule.
- Never run out—keep track of all refills by listing the start date and refill date.
- Place an “✓” in the appropriate box according to your medication schedule or list the amount of medicine as prescribed by your doctor.

Example Chart:

Prescription Name	Medical Diagnosis	Dosage	Medication Description (Shape/Color/Size)	Morning	Noon	Afternoon	Evening	Bedtime	Start Date	End Date
Antibiotic	Lyme Disease	300 mg	White Capsule	1 pill			1 pill		06/01/17	07/01/17
Antibiotic	Co- Infection	100 mg	Liquid					1 tsp	06/01/17	09/01/17

Special Care Instructions:

## Patient Information

Patient Name: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_

Pharmacy Phone #: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Primary Care Physician Phone #: \_\_\_\_\_

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### Prescriptions

Prescription Name	Medical Diagnosis	Dosage	Medication Description (Shape/Color/Size)	Morning	Noon	Afternoon	Evening	Bedtime	Start Date	End Date

Special Care Instructions:

### Supplements / Vitamins

Supplement Name	Medical Diagnosis	Dosage	Medication Description (Shape/Color/Size)	Morning	Noon	Afternoon	Evening	Bedtime	Start Date	End Date

Special Care Instructions: